

# CHOOSING A CONFIRMATION SPONSOR

**What is a sponsor?** It is a person you want to invite to share this faith journey with you. Someone who will be there for you as a friend, a guide, and a spiritual companion.

## REQUIREMENTS FOR A SPONSOR

- ❖ *Must be a practicing member of the Catholic Church who has received the sacraments of Baptism, Eucharist and Confirmation. A person who is actively participating in their own faith community.*
- ❖ *Must be free of Canonical penalty, which means the person is a Catholic in good standing and able to receive the sacraments.*
- ❖ *Must be at least 18 years of age and sufficiently mature for the role. A parent is **NOT** an option for a sponsor. It is not an option to have a proxy sponsor, that is someone taking the place of your real sponsor.*
- ❖ *The sponsor does not have to be the same sex as the candidate.*
- ❖ *If available, your Godparents at baptism may also be your sponsors at Confirmation, thus emphasizing the integral relationship between the two sacraments. If this not an option, choose an adult you feel you can relate to, maybe someone from the parish community.*
- ❖ *Possess a basic knowledge of the Catholic faith, sacraments and an understanding of the essential nature of the Christian community. Open to renewing their spiritual life and religious knowledge during the process.*

- ❖ *Must be able to attend a sponsor orientation meeting, special events, major liturgical celebrations and practices required; i.e., The Rite of Entrance, The Rite of Covenant, The Rite of Confirmation, and spend time with the candidate, etc. It would not be appropriate to pick a sponsor who lives a great distance and would find it difficult to be here during the process and attend the activities.*
  
- ❖ *Must be able to make a personal commitment to the candidate throughout the entire period of preparation. They must complete sessions and required individual time with candidate.*
  
- ❖ *Be available to share some of their life experiences, to support candidate through this faith journey.*
  
- ❖ *Willingness to make this serious commitment to the candidate.*